

Smithers Community Healthcare, PC Patient Contact Form

Patient Name: (First) Steve (Last) Blevins (MI) R.
Patient Address: 2231 Camargo Rd.
City: Mt. Sterling State: Ky Zip: 40353
Home Phone: (859) 585-5242 Cell/Pager: _____
Birthdate: 03-03-1972 Age: 43 Sex: ☒ M ☐ F
Country of Birth: US. Country of Parents' Birth: US.

Employment and Insurance Information:

Patient Employer: SCIF Occupation: Painter
Employer Address: 2231 Camargo Rd.
City: Mt. Sterling State: Ky Zip: 40353
Work phone No: (859) 585-5242 Ext. -
Social Security: 236-06-6128 Drivers License: B93-583-067
Primary Insurance Carrier: _____
Policy #: _____ Group #: _____
Primary Insurance Address: _____
City: _____ State: _____ Zip: _____
Primary Insurance Phone #: _____

In Case of Emergency:

Name: Rick Jessie Relationship: uncle Phone: _____
Patient's Spouse: _____ Phone: _____
Family Physician: _____ Phone: _____
Referred by: Rick Jessie

FDLMP (first day of last menstrual period): _____
Are you pregnant or trying to become pregnant?: _____

Smithers Community Healthcare, PC

New Patient Intake Form for pain management

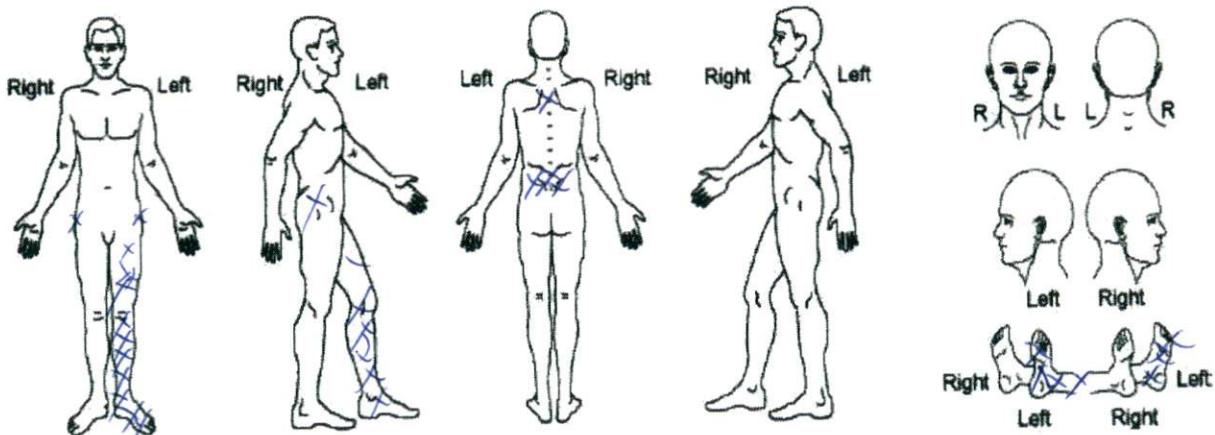
Your completed intake paperwork helps your physician and other providers get to know you and your medical history better. We rely on its accuracy and completeness to provide you with the best possible care. Please inquire at our front desk or call (844) 373-7883 if you have any question on how to complete any section on this form.

Patient Information

Today's date: 9-02-15
Your name: Steve Blevins Date of Birth: 03-03-1972 Age: 43
Referring Physician: _____ Primary Care Physician: None.

Pain History

Chief Complaint (Reason for your visit today)? Pain - All over
Does this pain radiate? If so where? everywhere
Please list any additional areas of pain: Left + Leg - Hips - Back - Left Foot
Use this diagram to indicate the area of your pain. Mark the location with an "X"



Onset of Symptoms

Approximately when did this pain begin? My Back Pain has been 10 years or better
What caused your current pain episode? Motorcycle accident
How did your current pain episode begin? ☐ Gradually ☒ Suddenly
Since your pain began how has it changed? ☐ Improved ☒ Worsened ☐ Stayed the same

Pain Description

Check all of the following that describe your pain:

- | | | | |
|---|---|--|--|
| <input checked="" type="checkbox"/> Dull/Aching | <input checked="" type="checkbox"/> Hot/Burning | <input checked="" type="checkbox"/> Shooting | <input checked="" type="checkbox"/> Stabbing/Sharp |
| <input checked="" type="checkbox"/> Cramping | <input checked="" type="checkbox"/> Numbness | <input checked="" type="checkbox"/> Spasming | <input checked="" type="checkbox"/> Throbbing |
| <input checked="" type="checkbox"/> Squeezing | <input checked="" type="checkbox"/> Tingling/Pins and Needles | | <input checked="" type="checkbox"/> Tightness |

When is your pain at its worst?

- | | | | |
|---|----------------------------------|-----------------------------------|--|
| <input type="checkbox"/> Mornings | <input type="checkbox"/> Daytime | <input type="checkbox"/> Evenings | <input type="checkbox"/> Middle of the night |
| <input checked="" type="checkbox"/> Always the same | | | |

How often does the pain occur?

- ☒ Constant ☐ Changes in severity but always present
- ☐ Intermittent (comes and goes)

If pain "0" is no pain and "10" is the worst pain you can imagine, how would you rate your pain?

Right Now 10 The Best It Gets 10 The Worst It Gets 10

Mark the effect each of the following have on your pain level - ☒

| | Increases | Decreases | No Change |
|-----------------------------|-------------------------------------|--------------------------|--------------------------|
| Bending Backward | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Bending Forward | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Changes in Weather | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Climbing Stairs | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Coughing/Sneezing | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Driving | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Lifting Objects | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Looking upward | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Looking downward | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Rising from seated position | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Sitting | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Standing | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Walking | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

What other factors worsen or affect your pain which is not mentioned above?

Associated Symptoms

| | NO | Yes | Comments |
|--------------------------|-------------------------------------|-------------------------------------|--------------|
| Numbness/Tingling | <input type="checkbox"/> | <input checked="" type="checkbox"/> | Where? _____ |
| Weakness in the arm/leg | <input type="checkbox"/> | <input checked="" type="checkbox"/> | _____ |
| Balance Problems | <input type="checkbox"/> | <input checked="" type="checkbox"/> | _____ |
| Bladder Incontinence | <input checked="" type="checkbox"/> | <input type="checkbox"/> | _____ |
| Bowel Incontinence | <input checked="" type="checkbox"/> | <input type="checkbox"/> | _____ |
| Joint Swelling/Stiffness | <input type="checkbox"/> | <input checked="" type="checkbox"/> | _____ |
| Fevers/chills | <input checked="" type="checkbox"/> | <input type="checkbox"/> | _____ |

Please mark all of the following treatments you have used for pain relief: ☒

| | No Change | Worsened Pain | Helped Pain |
|-----------------------|--------------------------|--------------------------|-------------------------------------|
| Spine Surgery | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Physical Therapy | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Chiropractic Care | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Psychological Therapy | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Brace Support | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Acupuncture | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Hot/Cold Packs | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| Massage Therapy | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Medications | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| TENS Unit | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Other _____ | | | |

Interventional Pain Treatment History

- ☐ Epidural Steroid Injection - (circle all levels that apply) Cervical/Thoracic/Lumbar
- ☐ Joint Injection - Joint(s) _____
- ☐ Medial Branch Blocks/Facet Injections - (circle levels) Cervical/Thoracic/Lumbar
- ☐ MILD (Minimally Invasive Lumbar Decompression) - _____
- ☐ Nerve Blocks - Area/Nerve(s) - _____
- ☐ Radiofrequency Nerve Ablation - (circle levels) - Cervical/Thoracic/Lumbar
- ☐ Spinal Cord Stimulator - Trial Only/Permanent Implant _____
- ☐ Trigger Point Injections - Where? _____
- ☐ Vertebroplasty/Kyphoplasty - Level(s) _____
- ☐ Other - _____

Which of these procedures listed above have helped with your pain? _____

Diagnostic Tests and Imaging

Mark all of the following tests that you have related to your current pain complaints:

- | | |
|--|-------------|
| <input type="checkbox"/> MRI of the: _____ | Date: _____ |
| <input type="checkbox"/> X-Ray of the: _____ | Date: _____ |
| <input type="checkbox"/> CT Scan of the: _____ | Date: _____ |
| <input type="checkbox"/> EMG/NCV study of the: _____ | Date: _____ |
| <input type="checkbox"/> Other Diagnostic Testing: _____ | Date: _____ |
| <input type="checkbox"/> I have not had ANY diagnostic tests for my current pain complaint | |

Mark the following physicians or specialists you have consulted for your current pain problem(s):

- | | | |
|--|--|--|
| <input type="checkbox"/> Acupuncturist | <input type="checkbox"/> Neurosurgeon | <input type="checkbox"/> Psychiatrist/Psychologist |
| <input type="checkbox"/> Chiropractor | <input checked="" type="checkbox"/> Orthopedic Surgeon | <input type="checkbox"/> Rheumatologist |
| <input type="checkbox"/> Internist | <input type="checkbox"/> Physical Therapist | <input type="checkbox"/> Neurologist |
| <input type="checkbox"/> Other _____ | | |

Past Medical History

Please list the names of other Pain Physicians you have seen in the past? William Bacon,

Mark the following conditions/diseases that you have been treated for in the past:

General Medical

- ☐ Cancer - Type _____
- ☐ Diabetes - Type _____

Cardiovascular/Hematologic

- ☐ Anemia
- ☐ Heart Attack
- ☐ Coronary Artery Disease
- ☐ High Blood Pressure
- ☐ Peripheral Vascular Disease
- ☐ Stroke/TIA
- ☐ Heart Valve Disorders

Gastrointestinal

- ☐ GERD (Acid Reflux)
- ☐ Gastrointestinal Bleeding
- ☐ Stomach Ulcers
- ☐ Constipation

Urological

- ☐ Chronic Kidney Disease
- ☐ Kidney Stones
- ☐ Urinary Incontinence
- ☐ Dialysis

Neuropsychological

- ☐ Multiple Sclerosis
- ☐ Peripheral Neuropathy
- ☐ Seizures
- ☐ Depression
- ☐ Anxiety
- ☐ Schizophrenia
- ☐ Bipolar Disorder

Head/Ears/Eyes/Nose/Throat

- ☐ Headaches
- ☐ Migraines
- ☐ Head Injury
- ☐ Hyperthyroidism
- ☐ Hypothyroidism
- ☐ Glaucoma

Respiratory

- ☐ Asthma
- ☐ Bronchitis/Pneumonia
- ☐ Emphysema/COPD

Musculoskeletal/Rheumatologic

- ☐ Bursitis
- ☐ Carpal Tunnel Syndrome
- ☐ Fibromyalgia
- ☐ Osteoarthritis
- ☐ Osteoporosis
- ☐ Rheumatoid Arthritis
- ☐ Chronic Joint Pains

Other Diagnosed Conditions

- ☒ syatic nerve Damage
- ☒ Broken Leg & Foot
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

Past Surgical History

Please list any surgical procedures you have had done in the past including date:

- 1) N/A Date? _____
- 2) _____ Date? _____
- 3) _____ Date? _____
- 4) _____ Date? _____
- 5) _____ Date? _____

☐ I have **NEVER** had any surgical procedures performed.

Current Medications

Are you currently taking any blood thinners or anti-coagulants? ☐ YES ☒ No

If YES, which ones? ☐ Aspirin ☐ Plavix ☐ Coumadin ☐ Lovenox ☐ Other _____

Please list all medications you are currently taking including vitamins. Attach additional sheet if required:

| Medication Name | Dose | Frequency |
|----------------------|----------------|----------------------|
| 1) <u>Oxycodone</u> | <u>30 mg</u> | <u>5-6-a day</u> |
| 2) <u>Tizanidine</u> | <u>4 mg</u> | <u>10R2 at night</u> |
| 3) <u>Methadone</u> | <u>5 mg</u> | <u>2 a day</u> |
| 4) <u>Gabapentin</u> | <u>? 600mg</u> | <u>? QID</u> |
| 5) _____ | _____ | _____ |
| 6) _____ | _____ | _____ |
| 7) _____ | _____ | _____ |
| 8) _____ | _____ | _____ |
| 9) _____ | _____ | _____ |
| 10) _____ | _____ | _____ |

Out of Rx - 3/2/19

Please list all past pain medications that you have been on at any point for your current pain complaints?

| Medication Name | Dose | Frequency |
|---------------------|----------------|------------------------|
| 1) <u>Oxycodone</u> | <u>30 mg</u> | <u>5-6-d day</u> |
| 2) <u>Methadone</u> | <u>5-10 mg</u> | <u>2-4 times a day</u> |
| 3) <u>MS Contin</u> | <u>unsure</u> | <u>unsure</u> |
| 4) _____ | _____ | _____ |
| 5) _____ | _____ | _____ |

Allergies

Do you have any drug/medication allergies?

☐ Yes

☒ No

If so, please list all medications you are allergic to:

| Medication Name | Allergic Reaction |
|-----------------|-------------------|
| 1) <u>N/A</u> | |
| 2) | |
| 3) | |
| 4) | |
| 5) | |

Topical Allergies:

☐ Latex

☐ Iodine

☐ Tape

☐ IV Contrast

Family History

Mark all appropriate diagnoses as they pertain to your first degree relatives:

☐ Arthritis

☐ Cancer

☐ Diabetes

☐ Headaches/Migraines

☐ High Blood Pressure

☐ Kidney Problems

☐ Liver Problems

☐ Osteoporosis

☐ Rheumatoid arthritis

☐ Seizures

☐ Stroke

☐ Other Medical Problems: _____

☐ I have no significant family medical history

Social History

Occupation: Painter, Garage When was the last time you worked? about

Who is in your current household? _____

Are there any stairs in your current home? _____ If so how many? _____

☒ Temporary Disability

☐ Permanent Disability

☐ Retired

☐ Unemployed

Are you currently under worker's compensation?

☒ No

☐ Yes

Is there an ongoing lawsuit related to your visit today?

☒ No

☐ Yes

Alcohol Use:

☐ Social Use

☐ History of alcoholism

☐ Current alcoholism

☒ Never

☐ Daily use of alcohol

Tobacco Use:

☐ Current user

☐ Former user

☐ Never used

☒ Packs per day? 1

☐ How many years? 20

☒ Quit Date: soon

Illegal Drug Use:

☒ Denies any illegal drug use

☐ Currently uses illegal drugs

☐ Formerly used illegal drugs (not currently using)

Have you ever abused narcotic or prescription medications?

☐ Yes

☒ No

Review of Systems

Mark the following symptoms that you currently suffer from:

Constitutional:

- | | | |
|--|---|--|
| <input type="checkbox"/> Chills | <input type="checkbox"/> Difficulty sleeping | <input type="checkbox"/> Easy bruising |
| <input type="checkbox"/> Night Sweats | <input checked="" type="checkbox"/> Fatigue | <input type="checkbox"/> Fevers |
| <input type="checkbox"/> Insomnia | <input checked="" type="checkbox"/> Low sex drive | <input type="checkbox"/> Tremors |
| <input type="checkbox"/> Unexplained Weight Gain | | <input type="checkbox"/> Weakness |
| <input type="checkbox"/> Unexplained Weight Loss | | |

Eyes:

- ☐ Recent Visual changes

Ears/Nose/Throat/Neck:

- | | | |
|--|---|---|
| <input type="checkbox"/> Dental Problems | <input type="checkbox"/> Earaches | <input type="checkbox"/> Hearing Problems |
| <input type="checkbox"/> Nosebleeds | <input type="checkbox"/> Sinus problems | |

Cardiovascular:

- | | | |
|---|--|--|
| <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Bleeding Disorder | <input type="checkbox"/> Blood Clots |
| <input type="checkbox"/> Fainting | <input type="checkbox"/> Palpitations | <input checked="" type="checkbox"/> Swelling in feet |
| <input type="checkbox"/> Shortness of breath during sleep | | |

Respiratory:

- | | | |
|--------------------------------|-----------------------------------|--|
| <input type="checkbox"/> Cough | <input type="checkbox"/> Wheezing | <input type="checkbox"/> Shortness of breath |
|--------------------------------|-----------------------------------|--|

Gastrointestinal:

- | | | |
|---------------------------------------|--|---|
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Acid Reflux | <input type="checkbox"/> Abdominal Cramps |
| <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Nausea/Vomiting | <input type="checkbox"/> Hernia |

Musculoskeletal:

- | | | |
|--|---|---|
| <input checked="" type="checkbox"/> Back Pain | <input checked="" type="checkbox"/> Joint Pains | <input checked="" type="checkbox"/> Joint Stiffness |
| <input checked="" type="checkbox"/> Joint Swelling | <input checked="" type="checkbox"/> muscle spasms | <input type="checkbox"/> Neck Pain |

Genitourinary/Nephrology:

- | | | |
|--|---|--|
| <input type="checkbox"/> Flank Pain | <input type="checkbox"/> Blood in Urine | <input type="checkbox"/> Painful Urination |
| <input type="checkbox"/> Decreased Urine Flow/Frequency/Volume | | |

Neurological:

- | | | |
|--|------------------------------------|-----------------------------------|
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Headaches | <input type="checkbox"/> Tremors |
| <input type="checkbox"/> Numbness/Tingling | | <input type="checkbox"/> Seizures |

Psychiatric:

- | | | |
|---|--|--|
| <input type="checkbox"/> Depressed Mood | <input type="checkbox"/> Feeling Anxious | <input type="checkbox"/> Stress Problems |
| <input type="checkbox"/> Suicidal Thoughts | <input type="checkbox"/> Suicidal Planning | |
| <input type="checkbox"/> Thoughts of Harming Others | | |

☒ All other review of systems negative

☒ Reviewer

SB2-000009

SOAPP®-R

The following are some questions given to patients who are on or being considered for medication for their pain. Please answer each question as honestly as possible. There are no right or wrong answers.

| | Never | Seldom | Sometimes | Often | Very Often |
|--|----------------------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|
| | 0 | 1 | 2 | 3 | 4 |
| 1. How often do you have mood swings? | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 2. How often have you felt a need for higher doses of medication to treat your pain? | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 3. How often have you felt impatient with your doctors? | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 4. How often have you felt that things are just too overwhelming that you can't handle them? | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 5. How often is there tension in the home? | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 6. How often have you counted pain pills to see how many are remaining? | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 7. How often have you been concerned that people will judge you for taking pain medication? | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 8. How often do you feel bored? | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 9. How often have you taken more pain medication than you were supposed to? | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 10. How often have you worried about being left alone? | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 11. How often have you felt a craving for medication? | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 12. How often have others expressed concern over your use of medication? | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

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| | Never | Seldom | Sometimes | Often | Very Often |
|--|----------------------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|
| | 0 | 1 | 2 | 3 | 4 |
| 13. How often have any of your close friends had a problem with alcohol or drugs? | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 14. How often have others told you that you had a bad temper? | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 15. How often have you felt consumed by the need to get pain medication? | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 16. How often have you run out of pain medication early? | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 17. How often have others kept you from getting what you deserve? | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 18. How often, in your lifetime, have you had legal problems or been arrested? | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 19. How often have you attended an AA or NA meeting? | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 20. How often have you been in an argument that was so out of control that someone got hurt? | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 21. How often have you been sexually abused? | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 22. How often have others suggested that you have a drug or alcohol problem? | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 23. How often have you had to borrow pain medications from your family or friends? | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 24. How often have you been treated for an alcohol or drug problem? | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Please include any additional information you wish about the above answers.
Thank you.

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Smithers Community Healthcare, PC Consent for Treatment

I certify that the above information is accurate, complete and true.

I authorize Smithers Community Healthcare, PC and any associates, assistants, and other health care providers it may deem necessary, to treat my condition. I understand that no warranty or guarantee has been made of a specific result or cure. I agree to actively participate in my care to maximize its effectiveness.

I give my consent for Smithers Community Healthcare, PC to retrieve and review my medication history. I understand that this will become part of my medical record.

I acknowledge that I have had the opportunity to review Smithers Community Healthcare, PC Notice of Privacy Practices, which is displayed for public inspection at its facility and on its website. This Notice describes how my protected health information may be used and disclosed, and how I may access my health records.

I authorize the Smithers Community Healthcare, PC to release my Protected Health Information (medical records) in accordance with its Notice of Privacy Practices. This includes, but is not limited to, release to my referring physician, primary care physician, and any physician(s) I may be referred to. I also authorize Smithers Community Healthcare, PC to release any information required in obtaining procedure authorization or the processing of any insurance claims.

I understand that Smithers Community Healthcare, PC will not release my Protected Health Information to any other party (including family) without my completing a written "Patient Authorization for Use and Disclosure of Protected Health Information" form, available at its facility and by fax.

Signed: _____

Steve Blevins

Date: _____

9-2-15

Smithers Community Healthcare, PC Consent for Treatment

I certify that the above information is accurate, complete and true.

I authorize Smithers Community Healthcare, PC and any associates, assistants, and other health care providers it may deem necessary, to treat my condition. I understand that no warranty or guarantee has been made of a specific result or cure. I agree to actively participate in my care to maximize its effectiveness.

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Signed: _____

Steve Blavins

Date: _____

9-2-15

SB2_000013

For Healthcare / Medical Industry Purpose

Customer Support (888) 493-2209

customersupport@tlo.com

Logged in as : WENDELL@PROTECTPAINCARE.ORG

View Cost this Session

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People

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Assets

California

Search History

Permissible Use/GLBA/DPPA

Preferences

My Account

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User Tips

Sign Out

Your Current Reference ID: **NONE**

We're sorry, there were no results found for people named STEVE R BLEVINS who have used SSN: 236-06-6128 born on 03/03/1972 in the United States.

WJW
10-01-15

SB2_000014

SOA 236 -06-6128

PH# 859-585-5042
859-498-9770



SB2_000015

Compliance Audit REMS Screening, Inc.

Patient Name: Steve Blevins Chart Number: Payer: cash Primary DOB: 3/3/1972

Code: 99408/99409 G0396/G0397 H0049/H0050 ICD9:

Notify:

At age 16 (before pain), did you sleep > 5 hours nightly? Yes
Do you get at least 5 hours sleep in a Bad Night? No

SLEEP ALERT: Nights each week you don't get at least 5 hours

sleep uninterrupted by pain?

7

Sleep Disability

Continuous Sleep Ratings

| Day | Sleep Disability | Continuous Sleep Ratings |
|-----------|------------------|--------------------------|
| Sunday | 5 | 6 hrs = 0 |
| Monday | 5 | 5 hrs = 1 |
| Tuesday | 5 | 4 hrs = 2 |
| Wednesday | 5 | 3 hrs = 3 |
| Thursday | 5 | 2 hrs = 4 |
| Friday | 5 | 1 hr or less = 5 |
| Saturday | 5 | |

Explain 4 Categories of Pain Below

How many "Down Days" per week?

0

How many "Bad Days" per week?

7

How many "Slow Days" per week?

0

How many "Good Days" per week?

0

Sunday 3

Monday 3

Tuesday 3

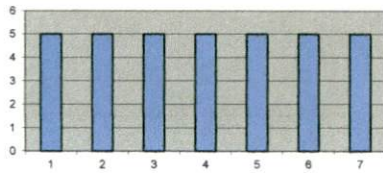
Wednesday 3

Thursday 3

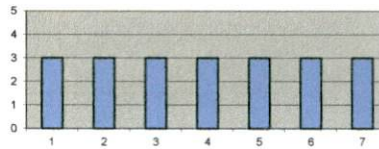
Friday 3

Saturday 3

Sleep Disability Each Week
0 = > 5 hrs nightly, 5 = < 1 hr solid



"Bad Day" Average Per Week
1 = Good Day, 2 = Slow, 3 = Bad 4 =
Down Day, 5 = ER or worse



Status: Improving (No change, improving, worsening)

By signing this document I affirm that I answered all of the above questions honestly. I also understand that if I lied about any of the questions listed above that I may be charged with an attempt to receive a controlled substance by fraud. I understand that I am legally obligated to tell the truth and because of this I have answered all of the above questions truthfully.

I certify the truthfulness of my answers.

AW 10.01.15 X Steve Blevins

Narcotics Auditor

Patient Signature

SB2_000016

Pre-Screening Audit REMS Screening, Inc.

Patient Name: Steve Blevins

DOB: 3/3/1972

96152: Diversion Risk Stratification: Honesty is Vital

Source: Webster LR, Webster RM. Predicting aberrant behaviors in opioid-treated patients: preliminary validation of the Opioid Risk Tool. Pain Med 2005; 6(6):432-442

Yes/No Score

1 Is there a history of substance abuse in your family?

2 Do you have a history of substance abuse?

3 Is your age between 16 and 45?

4 Were you a victim of preadolescent (childhood) sexual abuse?

5 Do you have a history of any of the following conditions:

| Risk Level | | Medically Recommended Urine Drug Screen Protocol |
|------------|----------|--|
| Score | Risk | |
| 0-3 | Low | 2 - 3 UDT Per Year |
| 4-7 | Moderate | 4 UDT Per Year |
| 8+ | High | 4 Plus 1 to 2 Random UDT Per Year |

Alcohol? No
Illegal drugs? No
Other (huffing gas) No
Alcohol? No
Illegal drugs? No
Prescription drugs? No
16-45? Yes 1
Sex Abuse? No
ADD, OCD, Bipolar, No
Depression? No
Total: 1
Patient Risk Level: Low
Drug Screen Protocol: 2 - 3 UDT Per Year

Have you had, or do you have suicidal thoughts or tendencies?

Have you ever snorted or injected any substance?

Have you taken drugs not Rxed for you?

Have you ever been tempted to experiment with your meds? (Crush, snort or shoot up)

Have you ever received addiction help (AA/NA)?

Have you ever been asked to sell or share your medication?

Do you have friends who tempt you to abuse/misuse narcotics?

Have you ever stolen meds or had any stolen from you?

Have you ever borrowed any meds from someone?

Are you currently pregnant?

Have you ever received treatment at a methadone or suboxone treatment center?

Track Marks? (Examine Patient)

No

Yes

Yes

No

No

No

No

No

Yes

N/A

No

No

Have you ever been charged with, or convicted of any criminal offense?

If "Yes" detail below:

No

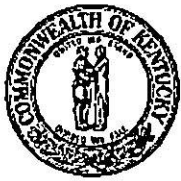
By signing this document I affirm that I answered all of the above questions honestly. I also understand that if I lied about any of the questions listed above that I may be charged with an attempt to receive a controlled substance by fraud. I understand that I am legally obligated to tell the truth to the NPPF Clinic and because of this I have answered all of the above questions truthfully.

I certify the truthfulness of my answers.

Narcotics Auditor

Patient Signature

SB2_000018

CABINET FOR HEALTH AND FAMILY SERVICES
Commonwealth of Kentucky

275 East Main Street

Frankfort, KY 40621-0001

Drug Enforcement Branch - KASPER

Patient Controlled Substance Report

Between 09/29/2014 and 09/29/2015

Requestor Name : SMITHERS JOEL

Request # : 21006118

Patient Name: BLEVINS, STEVE

Interstate Data not available for all states

Requestor's Role is not permitted by: IL, SC, VA

No response from: AL

Patients that matched the search criteria:

| Pat ID | Patient Name | Date of Birth | Address |
|--------|----------------|---------------|--------------------------------------|
| 1 | BLEVINS, STEVE | 3/3/1972 | 725A LORENE CIRCLE, MT. STERLING, KY |

| Date Filled | Drug Name | Patient DOB | Qty | Days | Prescriber Name | Prescriber DEA City | Pharmacy Name | Pharmacy City | Rpt To | Pat ID |
|-------------|-----------------------------------|-------------|-----|------|-----------------|---------------------|-------------------|----------------|--------|--------|
| 08/13/2015 | Oxycodone/Acetaminophen 325MG/5MG | 03/03/1972 | 34 | 3 | Prabhu, Ashwin | Lexington | Whitaker Pharmacy | Mount Sterling | KY | 1 |
| 08/17/2015 | Oxycodone Hcl 10MG | 03/03/1972 | 60 | 10 | Chattha, Anup | Mt Sterling | Whitaker Pharmacy | Mount Sterling | KY | 1 |
| 08/25/2015 | Oxycodone Hcl 10MG | 03/03/1972 | 60 | 10 | Chattha, Anup | Mt Sterling | Whitaker Pharmacy | Mount Sterling | KY | 1 |
| 09/15/2015 | Oxycodone Hcl 10MG | 03/03/1972 | 60 | 10 | Chattha, Anup | Mt Sterling | Whitaker Pharmacy | Mount Sterling | KY | 1 |
| 09/24/2015 | Oxycodone Hcl 10MG | 03/03/1972 | 60 | 10 | Rollins, James | Mt Sterling | Whitaker Pharmacy | Mount Sterling | KY | 1 |

*The information in this report is based upon Schedule II through V controlled substance records reported by dispensers. Data should appear on KASPER reports within two to three business days after dispensing.

*The records listed in the report are based on the patient identification information entered by the report requestor, and if not sufficiently unique may result in the report including records for multiple patients. Please verify the information in the report by contacting the prescribers and/or dispensers listed.

*If the controlled substance records on this report appear to be in error, the patient or provider should contact the dispenser to determine if the information was reported accurately. If the dispenser certifies the information was reported accurately, the dispenser can contact the Drug Enforcement and Professional Practices Branch at 502-564-7985 to investigate the error.

*The information in this report is intended for informational use only by the person authorized to request the report. Intentional disclosure of the report or data to someone not authorized to obtain the data is a Class B Misdemeanor.

Report Restrictions – A practitioner or pharmacist may share the report with the patient or person authorized to act on the patient's behalf

10/01/2015 and place the report in the patient's medical record, with the report then being deemed a medical record subject to the same disclosure terms and conditions as an ordinary medical record. (KRS 218A.202)

Brief Pain Inventory (Short Form)

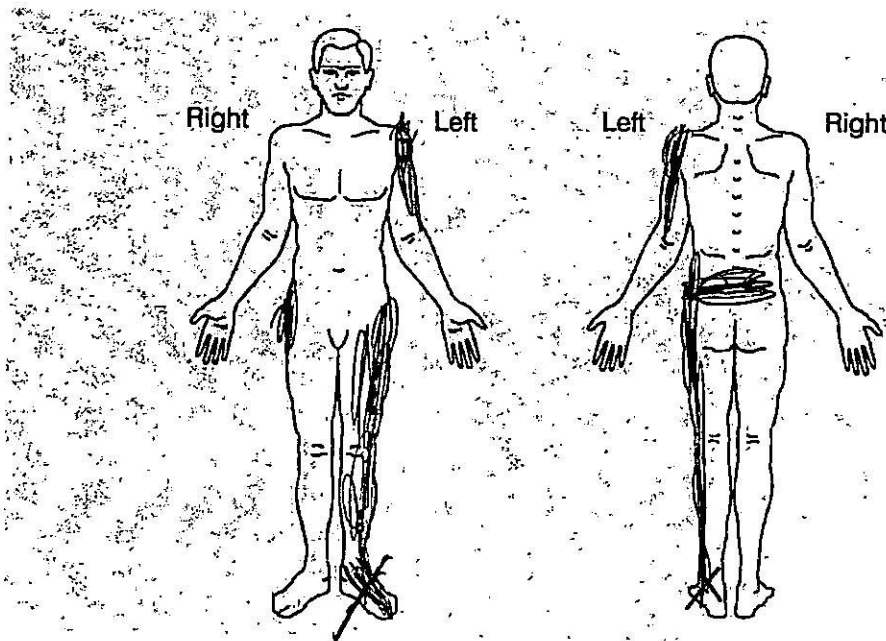
Study ID# (38) 14748 (8) 11596 bpm Hospital# 02 9676 (W) 271.
Date: 10/1/15 Time: 10:20 A.M.
Name: Blevins Steven R.
Last First Middle Initial

- 1) Throughout our lives, most of us have had pain from time to time (such as minor headaches, sprains, and toothaches). Have you had pain other than these everyday kinds of pain today?

1. Yes

2. No

- 2) On the diagram, shade in the areas where you feel pain. Put an X on the area that hurts the most.



- 3) Please rate your pain by circling the one number that best describes your pain at its WORST in the past 24 hours.

0 1 2 3 4 5 6 7 8 9 10
No pain Pain as bad as you can imagine

- 4) Please rate your pain by circling the one number that best describes your pain at its LEAST in the past 24 hours.

0 1 2 3 4 5 6 7 8 9 10
No pain Pain as bad as you can imagine

SB2_000021

5) Please rate your pain by circling the one number that best describes your pain on the AVERAGE.

| | | | | | | | | | | |
|---------|---|---|---|---|---|---|---|---|---|--------------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| No pain | | | | | | | | | | Pain as bad as you can imagine |

6) Please rate your pain by circling the one number that tells how much pain you have RIGHT NOW.

| | | | | | | | | | | |
|---------|---|---|---|---|---|---|---|---|---|--------------------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| No pain | | | | | | | | | | Pain as bad as you can imagine |

7) What treatments or medications are you receiving for your pain?

Oxycodone 30 mg

8) In the past 24 hours, how much relief have pain treatments or medications provided? Please circle the one percentage that most shows how much RELIEF you have received.

| | | | | | | | | | | |
|-----------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----------------|
| 0% | 10% | 20% | 30% | 40% | 50% | 60% | 70% | 80% | 90% | 100% |
| No relief | | | | | | | | | | Complete relief |

9) Circle the one number that describes how, during the past 24 hours, pain has interfered with your:
A. General activity:

| | | | | | | | | | | |
|--------------------|---|---|---|---|---|---|---|---|---|-----------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Does not interfere | | | | | | | | | | Completely interferes |

B. Mood:

| | | | | | | | | | | |
|--------------------|---|---|---|---|---|---|---|---|---|-----------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Does not interfere | | | | | | | | | | Completely interferes |

C. Walking ability:

| | | | | | | | | | | |
|--------------------|---|---|---|---|---|---|---|---|---|-----------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Does not interfere | | | | | | | | | | Completely interferes |

D. Normal work (includes both work outside the home and housework):

| | | | | | | | | | | |
|--------------------|---|---|---|---|---|---|---|---|---|-----------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Does not interfere | | | | | | | | | | Completely interferes |

E. Relations with other people:

| | | | | | | | | | | |
|--------------------|---|---|---|---|---|---|---|---|---|-----------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Does not interfere | | | | | | | | | | Completely interferes |

F. Sleep:

| | | | | | | | | | | |
|--------------------|---|---|---|---|---|---|---|---|---|-----------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Does not interfere | | | | | | | | | | Completely interferes |

G. Enjoyment of life:

| | | | | | | | | | | |
|--------------------|---|---|---|---|---|---|---|---|---|-----------------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Does not interfere | | | | | | | | | | Completely interferes |

Reference: Brief Pain Inventory. Charles Cleeland, PhD. Pain Research Group. Copyright 1991. Used with permission.

Pt reports lost MS Contin Rx in truck.
Has taken & tol. all other Rx well,
except for needing refills.

J.P.O.
10-1-15
SB2_000023

Review of Systems

Mark the following symptoms that you currently suffer from:

Constitutional:

- | | | |
|--|---|--|
| <input type="checkbox"/> Chills | <input type="checkbox"/> Difficulty sleeping | <input type="checkbox"/> Easy bruising |
| <input type="checkbox"/> Night Sweats | <input type="checkbox"/> Fatigue | <input type="checkbox"/> Fevers |
| <input type="checkbox"/> Insomnia | <input checked="" type="checkbox"/> Low sex drive | <input type="checkbox"/> Tremors |
| <input type="checkbox"/> Unexplained Weight Gain | | <input type="checkbox"/> Weakness |
| <input type="checkbox"/> Unexplained Weight Loss | | |

Eyes:

- ☐ Recent Visual changes

Ears/Nose/Throat/Neck:

- | | | |
|---|---|---|
| <input checked="" type="checkbox"/> Dental Problems | <input type="checkbox"/> Earaches | <input type="checkbox"/> Hearing Problems |
| <input type="checkbox"/> Nosebleeds | <input type="checkbox"/> Sinus problems | |

Cardiovascular:

- | | | |
|---|--|---|
| <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Bleeding Disorder | <input type="checkbox"/> Blood Clots |
| <input type="checkbox"/> Fainting | <input type="checkbox"/> Palpitations | <input type="checkbox"/> Swelling in feet |
| <input type="checkbox"/> Shortness of breath during sleep | | |

Respiratory:

- | | | |
|--------------------------------|-----------------------------------|--|
| <input type="checkbox"/> Cough | <input type="checkbox"/> Wheezing | <input type="checkbox"/> Shortness of breath |
|--------------------------------|-----------------------------------|--|

Gastrointestinal:

- | | | |
|---------------------------------------|--|---|
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Acid Reflux | <input type="checkbox"/> Abdominal Cramps |
| <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Nausea/Vomiting | <input type="checkbox"/> Hernia |

Musculoskeletal:

- | | | |
|--|---|---|
| <input checked="" type="checkbox"/> Back Pain | <input checked="" type="checkbox"/> Joint Pains | <input checked="" type="checkbox"/> Joint Stiffness |
| <input checked="" type="checkbox"/> Joint Swelling | <input checked="" type="checkbox"/> muscle spasms | <input type="checkbox"/> Neck Pain |

Genitourinary/Nephrology:

- | | | |
|--|---|--|
| <input type="checkbox"/> Flank Pain | <input type="checkbox"/> Blood in Urine | <input type="checkbox"/> Painful Urination |
| <input type="checkbox"/> Decreased Urine Flow/Frequency/Volume | | |

Neurological:

- | | | |
|--|------------------------------------|-----------------------------------|
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Headaches | <input type="checkbox"/> Tremors |
| <input type="checkbox"/> Numbness/Tingling | | <input type="checkbox"/> Seizures |

Psychiatric:

- | | | |
|---|--|--|
| <input type="checkbox"/> Depressed Mood | <input type="checkbox"/> Feeling Anxious | <input type="checkbox"/> Stress Problems |
| <input type="checkbox"/> Suicidal Thoughts | <input type="checkbox"/> Suicidal Planning | |
| <input type="checkbox"/> Thoughts of Harming Others | | |

☒ All other review of systems negative

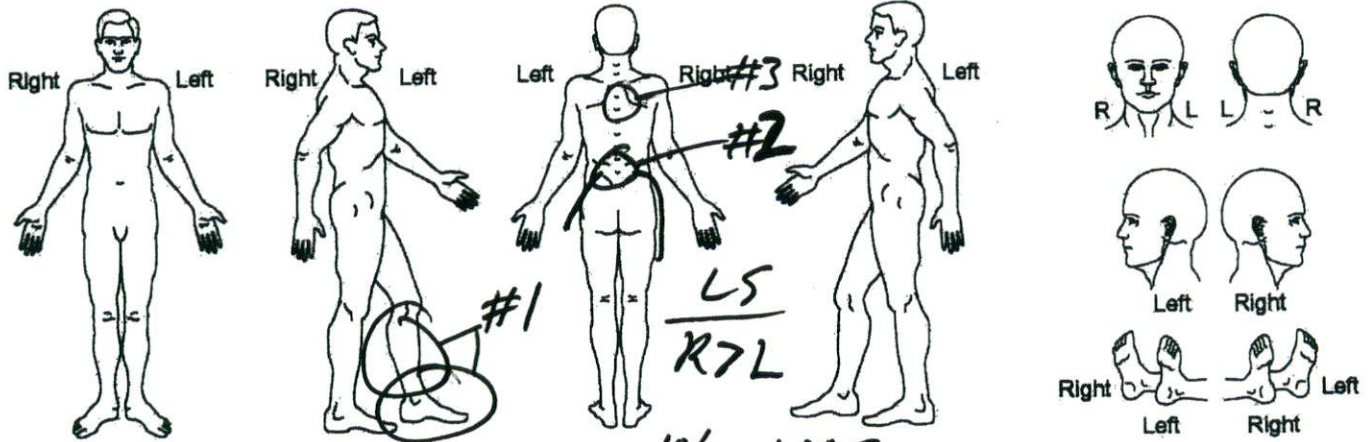
☒ Reviewer

SB2 000024

Form 1.1 Initial Pain Assessment Tool

Patient's Name Steven Blewins Age 43 Date 9.2.15
 Diagnosis 724.4, 724.1, 805.2 Physician J.D.O. Room 1
 Nurse 274.6 9790502 13486 95HR

1. LOCATION: Patient or nurse mark drawing.



2. INTENSITY: Patient rates the pain. Scale used

Present pain: 10 Worst pain gets: 10 Best pain gets: 5-6 Acceptable level of pain: 3-43. IS THIS PAIN CONSTANT? ☒ YES; ☐ NO IF NOT, HOW OFTEN DOES IT OCCUR? _____

4. QUALITY: (For example: ache, deep, sharp, hot, cold, like sensitive skin, sharp, itchy) _____

5. ONSET, DURATION, VARIATIONS, RHYTHMS: _____

6. MANNER OF EXPRESSING PAIN: _____

7. WHAT RELIEVES PAIN? _____

8. WHAT CAUSES OR INCREASES THE PAIN? _____

9. EFFECTS OF PAIN: (Note decreased function, decreased quality of life.)

Accompanying symptoms (e.g., nausea) _____

Sleep 2-3-4 awakenings/night d/t pain.

Appetite _____

Physical activity _____

Relationship with others (e.g., irritability) _____

Emotions (e.g., anger, suicidal, crying) _____

Concentration _____

Other ⊖ liver or kidney Dz. ⊖ OSA.10. OTHER COMMENTS: Motorcycle accident 3 yrs ago - multiple
fx's to DLE & foot.11. PLAN: Stop Methadone. Start MS Contin. Start
Nortriptyline.



Joel A Smithers DO
445 Commonwealth Blvd E
Ste A
Martinsville, VA 24112
(844)373-7883

Discharge Summary (Chart Copy)

Date: 09/02/2015
Time: 12:10 p.m.

Treating Provider: Joel Smithers, DO

Phone:

Fax:

Provider Signature: <Electronically signed by Joel Smithers,DO.>

Patient Name: Steven Blevins

MR#: 1URXJYH27

Account:

Patient Address:

Phone:

Your Discharge Instructions:

NARCOTIC MEDICATION

Your Prescriptions:

MS Contin 30 Milligram # 60 Tablets
1 TABLET EVERY 12 HOURS. (0 Refills).Printed.
OxyCODONE HCl 30 Milligram # 120 Tablets
1/2-1 TABLET EVERY 4 TO 6 HOURS AS NEEDED
FOR BREAKTHROUGH PAIN. (0 Refills).Printed.

Physician Name:

Specialty:

Address:

Phone:

Follow-up Notes:

I understand that the emergency care I received is not intended to be complete and definitive medical care and treatment. I acknowledge that I have been instructed to contact the above physician(s) as indicated for continued and complete medical diagnosis, care, and treatment. EKG's, X-rays, and lab studies will be reviewed by appropriate specialists and I will be notified of significant discrepancies. I also understand that my signature authorizes this Medical Center to release all or any part of my medical record (including, if applicable, information pertaining to AIDS and/or HIV testing, mental health records, and drug and/or alcohol treatment) to the follow-up physician indicated above.

I have read and understand the above, received a copy of applicable instruction sheets, and will arrange for follow-up care.

Signature Patient/Parent/Guardian Date/Time

Signature Instructed By Date/Time

[Handwritten Signature] *[Handwritten Signature]* 9-2-15



Joel A Smithers DO
445 Commonwealth Blvd E
Ste A
Martinsville, VA 24112
(844)373-7883

Discharge Summary (Chart Copy)

Date: 09/02/2015
Time: 12:06 p.m.

Treating Provider: Joel Smithers, DO

Phone:

Fax:

Patient Name: Steven Blevins

MR#: 1URXJYH27

Account:

Patient Address:

Phone:

Additional Discharge Instructions:

Additional Prescriptions:

BURN. (6 Refills).Printed.

I understand that the emergency care I received is not intended to be complete and definitive medical care and treatment. I acknowledge that I have been instructed to contact the above physician(s) as indicated for continued and complete medical diagnosis, care, and treatment. EKG's, X-rays, and lab studies will be reviewed by appropriate specialists and I will be notified of significant discrepancies. I also understand that my signature authorizes this Medical Center to release all or any part of my medical record (including, if applicable, information pertaining to AIDS and/or HIV testing, mental health records, and drug and/or alcohol treatment) to the follow-up physician indicated above.

I have read and understand the above, received a copy of applicable instruction sheets, and will arrange for follow-up care.

Steve Blevins 9-2-15
Signature Patient/Parent/Guardian Date/Time

J. P. O. P. 2. 15
Signature Instructed By Date/Time



Joel A Smithers DO
445 Commonwealth Blvd E
Ste A
Martinsville, VA 24112
(844)373-7883

Discharge Summary (Chart Copy)

Date: 09/02/2015
Time: 12:06 p.m.

Treating Provider: Joel Smithers, DO

Phone:

Fax:

Provider Signature: <Electronically signed by Joel Smithers,DO.>

Patient Name: Steven Blevins

MR#: 1URXJYH27

Account:

Patient Address:

Phone:

Your Discharge Instructions:

Your Prescriptions:

Diclofenac Sodium 75 Milligram # 60 Tablets
1 TABLET TWICE DAILY AS NEEDED FOR PAIN
WITH FOOD AND WATER. (0 Refills).Printed.
Neurontin 600 Milligram # 120 Tablets
1 TABLET 4 TIMES DAILY FOR 30 DAYS (3
Refills).Printed.
Nortriptyline HCl 25 Milligram # 90 Capsules
1 CAPSULE 3 TIMES DAILY (6 Refills).Printed.
Ranitidine HCl 150 Milligram # 60 Tablets
1 TABLET TWICE DAILY AS NEEDED FOR HEART

Physician Name:

Specialty:

Address:

Phone:

Follow-up Notes:

I understand that the emergency care I received is not intended to be complete and definitive medical care and treatment. I acknowledge that I have been instructed to contact the above physician(s) as indicated for continued and complete medical diagnosis, care, and treatment. EKG's, X-rays, and lab studies will be reviewed by appropriate specialists and I will be notified of significant discrepancies. I also understand that my signature authorizes this Medical Center to release all or any part of my medical record (including, if applicable, information pertaining to AIDS and/or HIV testing, mental health records, and drug and/or alcohol treatment) to the follow-up physician indicated above.

I have read and understand the above, received a copy of applicable instruction sheets, and will arrange for follow-up care.

Steven Blevins

Signature

Patient/Parent/Guardian

9-2-15

Date/Time

J. D. O.

Signature

Instructed By

9-2-15
Date/Time

[Handwritten mark]

[Handwritten text: CR 4-11]

Checklist for Long-Term Opioid Therapy

Patient name: Steven Blavins 3.3.72

| Workup | Date | Outcome |
|--|------|---------|
| Complete medical history | | |
| Complete physical examination | | |
| Assessment of the pain | | |
| Assessment of pain on physical and psychological function | | |
| Assessment of history of substance abuse | | |
| Assessment of Coexisting diseases or conditions | | |
| Documentation on the presence of recognized medical indication for the use of a controlled substance | | |
| Establish goals of opioid treatment | | |
| Risks and benefits communicated | | |
| Written consent or pain agreement (optional, if high risk or history of substance abuse) | | |
| Periodic review of goals | | |
| Monitor compliance | | |
| Consultation as necessary for additional evaluation and treatment | | |
| Accurate and complete records to include medical history, physical examinations, evaluations, consultations, treatment plan objectives, informed consent treatments, medications, rationale for changes in treatment plan, agreements with patient, and periodic reviews of the treatment plan | | |

Reference: Medical Board of California. Department of Consumer Affairs. Guidelines for prescribing controlled substances for pain (2007). http://www.mbc.ca.gov/Licensees/Prescribing/Pain_Guidelines.aspx. Accessed May 2014